## **GUIDE SHEET #6**

DOG'S NAME:	TODAY'S DATE:

## Noticing Emotional & Personality Changes in My Dear Dog

**STEP 1 INSTRUCTIONS:** Think back to when your Dear Dog acted like herself — no more than two years ago. Write the approximate date (month/year) below. That'll be your dog's "baseline." Look at the list of personality traits in the dog illustration. Circle all the ones that match what your Dear Dog's personality and emotional state were like back then.

THEN Approximate Month & Year:	Active Adventurous Affectionate Afra Aggressive Aloo
	Anxious Apathetic Boisterous Bored Calm Clumsy Confident
Energetic Excitable Gentle Good-natured Jealous Kid-friendly L Neurotic Obedient Obs Protective Quiet Rela	Cuddly Curious Dependent Distrustful Domineering Eager-to-Please Fearful Friendly Frustrated Full-of-Character Goofball Happy Independent Intelligent apdog Lazy Lively Loving Loyal Needy stinate OCD Outgoing Playful Possessive exed Reserved Self-sufficient Sensitive Strong-willed Stubborn Submissive elerant Trainable Trickster Trusting Unaffectionate Uneasy Worried  Other

## GUIDE SHEET #6 (continued)

STEP 2 INSTRUCTIONS: Write in today's date below. Circle the traits your Dear Dog exhibits now in the dog below.

Active Adventurous Affectionate Afraid Aggressive Aloof Anxious Bored Calm Clumsy Confident Cuddly Curious Dependent Depressed Distrustful Domineering Eager-to-Please Energetic Excitable Fearful Friendly Frustrated Full-of-Character Gentle Good-natured Goofball Happy Independent Intelligent Jealous Kid-friendly Lapdog Lazy Lively Loving Loyal Needy Neurotic Obedient Obstinate OCD Outgoing Playful Possessive Protective Quiet Relaxed Reserved Self-sufficient Sensitive Shy Simple Social Strong-willed Stubborn Submissive Territorial Timid Tolerant Trainable Trickster Trusting Unaffectionate Uneasy Worrled Other  Are there major changes in your Dear Dog's personality and emotional state? If so, what in particular?  Which changes do you want to mention to your vet?		ok at the "Then" and "Now" dogs and answer the following questions.
Adventurous Affectionate Afraid Aggressive Aloof Anxious Apathetic Boisterous Bored Calm Clumsy Confident Cuddly Curious Dependent Depressed Distrustful Domineering Eager-to-Please Energetic Excitable Fearful Friendly Frustrated Full-of-Character Gentle Good-natured Goofball Happy Independent Intelligent Jealous Kid-friendly Lapdog Lazy Lively Loving Loyal Needy Neurotic Obedient Obstinate OCD Outgoing Playful Possessive Protective Quiet Relaxed Reserved Self-sufficient Sensitive Shy Simple Social Strong-willed Stubborn Submissive Territorial Timid Tolerant Trainable Trickster Trusting Unaffectionate Uneasy Worried  Other  Are there major changes in your Dear Dog's personality and emotional state? If so, what in particular?		
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