



FILL OUT

My Permission Slip
below

WEBSITE:
[GoodbyeDearDog.com/
guidesheets](http://GoodbyeDearDog.com/guidesheets)

Giving Yourself Permission

There is no absolute “right” or “wrong” time to euthanize your Dear Dog. There is only the “best” time for you, your family, and your pet.

Determining that best time depends on many factors we’ll explore together in this guidebook. You may choose something different than other Dog Parents in the book. That’s okay. This is about what’s best for you and your fur baby.

What I hope you can give yourself now is what I wish I would have given myself when deciding about Kali: Permission.

- ♥ Permission to make a decision.
- ♥ Permission to trust yourself and your decision.
- ♥ Permission to act on your decision.
- ♥ Permission to give your dog a peaceful passing, when it’s time.

HERE IS A PERMISSION SLIP FOR YOU TO FILL OUT.

Whenever you lose your way, get scared or feel overwhelmed, pull it out and re-read it.

My Permission Slip

I, _____, love my Dear Dog
_____ very much. I know that she/he loves me
very much too.

My dog is counting on me to end his/her life peacefully and humanely when the right time comes. The right time is a combination of what is best for my pup and what is best for our family and me. I will do the best I can.

I give myself permission to:

- make this difficult decision with love and compassion for myself and my dog;
- choose a peaceful death for my dog;
- trust my decision; and
- act on my decision in a timely manner.

Your Signature

Today's Date